



## Robin Bouvier, CWPC, CCWS

### Health & Wellbeing Expert, Vice President

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#### Responsibilities

Robin Bouvier is a Vice President in Aon's Health & Benefits Practice in the Boston area. As a member of Aon's Health Transformation Team, Robin identifies opportunities for organizations to increase the health and wellbeing of their workforces. She provides assistance to consultants and clients related to data collection and analysis, strategy development, wellbeing vendor selection, and program design and execution. Robin also evaluates opportunities for organizations to make policy and environmental changes to create a culture of healthy living.

#### Experience

Robin joined Aon in 1999 and served as a client lead in the Health & Benefits Practice immediately prior to taking on her current position. Robin started her career with Oxford Health Plans in Norwalk, CT, serving as an account manager for several years before joining the Alternative Medicine Team. She was one of the founders of Oxford's wellness newsletter, *Healthy Mind Healthy Body*.

She has also been actively involved in Connecticut as a Health & Benefits Consultant throughout her career. She served as the lead consultant for the City of Hartford employee benefits plan from 2006-2012. During her tenure, she started the City's wellness champion network, created a monthly wellness newsletter, implemented a fitness center, launched a walking challenge, introduced a diabetes incentive plan, and partnered with the City and St. Francis Hospital to build an onsite clinic in City Hall.

#### Expertise

In 2012 Robin completed "Work, Health and Wellbeing: Strategic Solutions for Integrating Wellness and Occupational Safety and Health in the Workplace," an Executive and Continuing Professional Education course at Harvard School of Public Health. She is currently participating in several integrated health, safety and wellbeing initiatives on behalf of Aon clients.

Robin appears regularly as a featured speaker at HR, wellbeing and safety events across the country.

#### Affiliations

Robin is a member of many regional associations in the northeast including NEHRA, NEEBC, RIBGH, WWCMA and NEBGH. She has been an active member of most of these organizations as Chair or Co-Chair of various committees and initiatives.

She is currently serving her second year on the Business Council of Fairfield County worksite wellness awards selection committee.

#### Education | Designations

Robin earned her degree in Business Administration/Marketing from Miami University in Oxford, Ohio, and is licensed as a life, disability and health broker in Massachusetts, Connecticut, New York, Rhode Island and New Hampshire.

In 2016 Robin became a certified trainer for the Corporate Athlete<sup>®</sup> Boot Camp at the Johnson & Johnson Human Performance Institute.

She also holds professional designations as a Certified Wellness Program Coordinator (Chapman Institute) and a Certified Corporate Wellness Specialist<sup>®</sup> (Corporate Health & Wellness Association).

#### Personal

Robin lives in Hopkinton, MA with her husband and two daughters and is an active member of her community. She achieves work/life balance year-round by participating in a variety of sports, eating five servings of fruits and vegetables daily, walking her dog and spending quality time with friends and family.



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